

High Road

Description: 48 Counts, 2 wall line dance done to all 4 walls, Intermediate/advanced

Music: "High Road" by Jo Jo, on "The High Road" album, also on itunes

Choreographed by Teresa and Vera

Start time & BPM: Start dance 16 counts in, about 16 seconds, just before main vocals. BPM 67

Email: teresaandvera@aol.com Website: www.teresaandvera.co.uk. Phone: 07961 805174

Check out the video page on our website to watch some of our dances

Section (1)

CROSS ROCK REPLACE, 2 & 1/4 TURNS, ROCK FWD REPLACE BACK, 1/4 SWAYS

1-2&3&4& Cross rock R over L, replace weight on L, make 1/4 turn R stepping fwd on R, spin 1/2 turn R and step back on L, spin 1/2 turn R and step fwd on R, spin 1/2 turn R and step back on L, spin 1/2 turn R and step fwd on R (*Option. If you don't want to turn you can just do this.. Count (3) small step fwd on L, (&) step R next to L, (4) small step fwd on L, (&) step R next to L These are small ball steps.*) (3 o'clock wall)

5-6&7-8 Rock fwd on L, replace weight back to R, step further back on L, make 1/4 turn R stepping R to R side, shift weight over to your L side (*Note, this weight shift is more of a sharp movement to the L instead of a smooth sway*) (6)

(2)

SIDE BALL CROSS, ROCK & CROSS, 1/2 TURN, TWINKLE, TWINKLE 1/4 TURN

&1-2&3&4 Replace weight on R out to R side, cross L over R, rock R out to R side, replace weight to L, cross R over L, make 1/4 turn R stepping back on L, make a further 1/4 turn R stepping R to R side. (12)

5&6 Cross L over R, rock R out to R side, replace weight on L to L side

7&8 Cross R over L, making 1/4 turn R step back on L, step R to R side (3)

(3)

ROCK REPLACE, FULL TRIPLE BACK, & ROCK BACK REPLACE & ROCK FWD REPLACE

1-2-3&4 Rock fwd on L, replace weight back to R, spin 1/2 turn L and step fwd on L, spin 1/2 turn L and step back on R, step further back on L. (3)

&5-6&7-8 Step further back on R, step further back on L rocking weight on to it keeping R toe touching out in front, replace weight fwd on to R, small step fwd on L, small step further fwd on R rocking weight on to it keeping L toe touching back, replace weight back to L.

(4)

BACK BALL CROSS, ROCK & CROSS & SAILOR 1/4 SWAY, SWAY, TRIPLE FULL TURN

&1-2&3& Small step back on R, cross L over R, rock R out to R side, replace weight to L, cross R over L, small step L to L side

4&5-6-7&8 Cross R behind L, making 1/4 turn R step L to L sidestep R to R side & sway weight over on to it, sway weight over to L side, make 1/4 turn R stepping fwd on R, spin 1/2 turn R and step back on L, make a further 1/4 turn R and step R to R side. (6)

(5)

CROSS ROCK REPLACE & CROSS ROCK REPLACE 1/4, WALK WALK, QUICK 'ARF (STEP TURN STEP)

1-2&3-4& Cross rock L over R, replace weight on R, small step L to L side, cross rock R over L, replace weight to L, make 1/4 turn R stepping fwd on R (9)

5-6-7&8 Walk fwd L, R, step fwd on L, pivot 1/2 turn R weight to end on R, step fwd on L (3)
(Note*: Restart here during wall 2)

(6)

WALK WALK, QUICK 'ARF (STEP TURN STEP) CROSS SIDE CROSS SIDE CROSS HITCH 1/4 STEP & STEP

1-2-3&4 Walk fwd R, L, step fwd on R, pivot 1/2 turn L weight to end on L step fwd on R (9)

5&6&7&8& Cross L over R, small step with R to R side, cross L over R, small step with R to R side, cross L over R, hitch R knee up slightly while making a 1/4 turn to L, step fwd on R, small step fwd on L. (6)

***Restart, only one! On wall 2. You will start wall 2 facing the 6 o'clock wall, you dance up to & including count 8 of section 5, the first "quick 'arf" from there you restart the dance from the beginning, you will now be facing the 9 o'clock wall. Hence 2 wall dance to all 4 walls!**

Ending. There are only 5 walls in the whole dance. You will end the dance on the very first step of section 1, the cross rock. You will facing the 3 o'clock wall, Just hold & look to the front! That's it!

Have fun Luv T&V xx