



# Footsteps

Choreographed by **Nicola Lafferty & Rachael McEnaney (October 2011)**

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<b>Description:</b>	64 Counts, 4 Walls, Intermediate line dance
<b>Music:</b>	"Footsteps (feat Wayne Rodriguez)" – Machel Montano & Xtatik (available on itunes and all major mp3 websites)
<b>Count In:</b>	32 counts from when first heavy beat kicks in <i>Approx 143bpm</i>
<b>Notes:</b>	There is 1 restart on the 5 <sup>th</sup> wall. Start 5 <sup>th</sup> wall facing 12.00, do the first 32 counts of dance & then restart facing 12.00

Section	Footwork	End Facing
<b>1 - 8</b>	<b>Touch R, step R, Touch L, step L, R jazz box with ¼ turn R.</b>	
1 2 3 4	Touch right foot to right diagonal (1), step in place on right (2), touch left foot to left diagonal (3), step in place on left (4) <i>Styling: Make the touch with the whole of the foot so it almost looks like a stomp, as you touch pull opposite arm down as if pulling a chain in a 'pumping' action.</i>	12.00
5 6 7 8	Cross right over left (5), begin making ¼ turn right stepping back on left (6), complete ¼ turn stepping right to right side (7), step slightly forward on left (8)	3.00
<b>9 - 16</b>	<b>Touch R, step R, touch L, step L, R jazz box with ¼ turn R chasse.</b>	
1 2 3 4	REPEAT COUNTS 1 – 4 as above.	3.00
5 6 7 & 8	Cross right over left (5), begin making ¼ turn right stepping back on left (6), complete ¼ turn right stepping right to right side (7), step left next to right (&), step right to right side (8)	6.00
<b>17 - 24</b>	<b>L cross rock, L chasse, R cross rock, R chasse with ¼ turn R.</b>	
1 2 3 & 4	Cross rock left over right (1), recover weight onto right (2), step left to left side (3), step right next to left (&), step left to left side (4)	6.00
5 - 6	Cross rock right over left (5), recover weight onto left (6),	6.00
7 & 8	Step right to right side (7), step left next to right (&), make ¼ turn right stepping forward on right (8)	9.00
<b>25 - 32</b>	<b>Syncopated shuffle to L diagonal with claps, Rolling vine with ¼ turn R (or grapevine)</b>	
1 2 & 3 4	Step left forward to left diagonal (1), clap hands (2), step right next to left (&), step left forward to left diagonal (3), touch right next to left as you clap hands (4)	9.00
5 6 7 8	Make ¼ turn right stepping forward on right (5), make ½ turn right stepping back on left (6), make ½ turn right stepping forward on right (7), step forward on left (8) <i>Easy option: Step right to right side (5), cross left behind right (6), make ¼ turn right stepping forward on right (7), step forward left (8)</i>	12.00
<b>RESTART</b>	<b>RESTART HERE ON 5<sup>th</sup> WALL, you will be facing 12.00 to restart</b>	
<b>33 - 40</b>	<b>Stomp out R, stomp out L, heel toe swivels in, R side rock, ¼ sailor step R</b>	
1 - 2	Stomp right foot forward to right diagonal (1), stomp left foot out to left side (2)	12.00
3 & 4	Swivel both heels in towards eachother (3), swivel both toes in towards eachother (&), swivel both heels in towards eachother (4)	12.00
5 - 6	Rock right to right side (5), recover weight onto left (6)	12.00
7 & 8	Cross right behind left (7), make ¼ turn right stepping left next to right (&), step forward on right (8)	3.00
<b>41 - 48</b>	<b>Kick L, step back L, look back to L bending L knee, recover weight R - repeat</b>	
1 2 3 4	Kick left foot forward (1), step back on left (turn left foot out) (2), bend left knee as you look ¼ turn to left (3), recover weight onto right returning body to 3.00 (4)	3.00
5 6 7 8	Repeat above counts 1 – 4	3.00
<b>49 - 56</b>	<b>Step L, ¼ pivot R, L cross shuffle, R side rock with ¼ turn L, R shuffle forward</b>	
1 2 3 & 4	Step forward on left (1), pivot ¼ turn right (2), cross left over right (3), step right to right side (&), cross left over right (4)	6.00
5 6 7 & 8	Rock right to right side (5), make ¼ turn left as you recover weight onto left (6), step forward on right (7), step left next to right (&), step forward on right (8)	3.00
<b>57 - 64</b>	<b>Syncopated step touches travelling forward.</b>	
& 1 2	Step diagonally forward on left (&), touch right next to left (1), hold (2)	3.00
& 3 4	Step diagonally forward on right (&), touch left next to right (3), hold (4)	3.00
& 5 & 6	Step diagonally forward on left (&), touch right next to left (5), step diagonally forward on right (&), touch left next to right (6)	3.00
& 7 (& 8)	Step diagonally forward on left (&), touch right next to left (7), <i>OPTION: Either hold on count 8, or lift heels off floor (&amp;), return (8)</i>	3.00
	<i>Styling: Pitch upper body slightly foot, push hip into weighted foot, as you touch bring opposite arm forward almost like running</i>	