

Cry Me Out

Choreographer: Malene Jakobsen, Denmark
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Type of dance:	32 counts, 2 Walls
Level:	Higher intermediate/advanced
Choreographed to:	Cry Me Out by Pixie Lott from the album Turn It Up (bonus track version) – available on iTunes, 64 BPM
Intro:	8 counts from when the beat kicks in, 17 sec. into track - dance begins with weight on R
Tag:	There is a 4 counts tag after wall 5
Note:	The music sounds as if it's a very fast waltz, however it is not a waltz

Counts	Footwork	Facing
1-7	Side, back rock, side, touch, 1/8, mambo, ¼, ¼, full turn, rock	
a1-2	(a) Step L to L, (1) rock back on R, (2) recover onto L	12.00
&a3	(&) Step R to R, (a) touch L beside R (3) step L to L diagonal	10.30
4&a	(4) Rock forward on R, (&) recover onto L, (a) step slightly back on R	10.30
5-6	(5) Rock L to L making ¼ turn L, (6) recover onto R making a ¼ R	10.30
&a7	(&) Turn ½ R stepping back on L, (a) turn ½ R stepping forward on R, (7) step forward on L	10.30
8-15	Recover ½, ball steps, step sweep, cross rock, side, cross rock, 1/8, ball, side, coaster, rock	
8&	(8) Recovering onto R make ½ turn L on ball of R, (&) step L next to R	4.30
a1	(a) Step R next to L, (1) step forward on L sweeping R from back to front	4.30
2&a3	(2) Cross R over L, (&) recover onto L, (a) step R to R, (3) cross L over R	4.30
4&	(4) Recover onto R, (&) turn 1/8 L stepping L to L	3.00
a5	(a) Step R next to L, (5) large step L to L dragging R towards L	3.00
6&a	(6) Step back on R, (&) step L next to R (a) step forward on R	3.00
7	(7) Rock forward on L,	
16-24	¼, cross shuffle with sweep, cross shuffle, ¾, shuffle, full turn, back, back, sweep	
8	(8) Recover onto R making 1/4 turn R	6.00
&a1	(&) Cross L over R, (a) step R to R, (1) cross L over R sweeping R from back to front	6.00
2&a	(2) Cross R over L, (&) step L to L, (a) cross R over L	6.00
3	(3) Step L to L and make ¾ turn R on ball of L	3.00
4&a	(4) Step forward on R, (&) step L next to R, (a) step forward on R	3.00
5-6&	(5) Step forward on L, (6) turn ½ R, (&) turn ½ R stepping L next to R	3.00
a7	(a) Step back on R, (7) take a long step back on L starting to sweep R from front to back	3.00
8	(8) Finish R sweep	3.00
25-32	Behind, side, cross rock, ¼, ball step, mambo, ¼ x 4, hold	
&a1	(&) Cross R behind L, (a) step L to L, (1) cross R over L	3.00
2&	(2) Recover onto L, (&) turn ¼ R stepping forward on R	6.00
a3	(a) Step L next to R, (3) take a long step forward on R dragging L towards R	6.00
4&a	(4) Rock forward on L, (&) recover onto R, (a) step slightly back on L	6.00
5	(5) Turn ¼ R stepping forward on R	9.00
&6	(&) Step forward on L, (6) turn ¼ R stepping forward on R	12.00
&7	(&) Step forward on L, (7) turn ¼ R stepping forward on R	3.00
&8	(&) Step forward on L, (8) turn ¼ R stepping forward on R	6.00
&	(&) Hold	
TAG:	It only happens once after wall 5, you'll be facing 6 o'clock	
1-4	Steps back with sweeps x 3, back, hold	
1&a	(1) Step back on L, (&a) sweep R from front to back	6.00
2&a	(2) Step back on R, (&a) sweep L from front to back	6.00
3&a	(3) Step back on L, (&a) sweep R from front to back	6.00
4&	(4) Step back on R (&) hold	6.00