

Atomik Polka

Choreographed: Bastiaan van Leeuwen 15 april 2006

Description: 64 counts, 4 wall Intermediate line dance

Music: "Turbo Polka" by Atomik Harmonik

Bpm: 137 - Notes: Start after heavy beats on the word "you"

Right Shuffle,1/4 Turn Right, Side Shuffle,1/4 Turn Right Shuffle Back,Coaster step

- 1 Step right forward.
- & Close left to right.
- 2 Step right forward.
- 3 Turn ¼ right and step left to the left side.
- & Close right to left.
- 4 Step left to left side.
- 5 Turn ¼ right and step right back.
- & Close left to right.
- 6 Step right back.
- 7 Step left back.
- & Step right beside left.
- 8 Step left forward.

Diagonal Forward Gallops Right And left with touches

- 1 Step right forward.
- & Close left to right.
- 2 Step right forward.
- & Close left to right.
- 3 Step right forward.
- 4 Touch left beside right.
- 5 Step left forward.
- & Close right to left.
- 6 Step left forward.
- & Close right to left.
- 7 Step left forward.
- 8 Touch right beside left.

Heel Taps,Coaster Step,Heel Taps,Sailor Step Turning ¼ left

- 1 Touch right heel forward.
- 2 Touch right heel forward.
- 3 Step right back.
- & Step left beside right.
- 4 Step right forward.
- 5 Touch left heel forward.
- 6 Touch left heel forward.
- 7 Cross left behind right.
- & Turn ¼ left step right to Right side.
- 8 Step left beside right.

Heel Switches Forward,Clap Twice,x2

- 1 Touch right heel forward.
- & Step right beside left.
- 2 Touch left heel forward.
- & Step left beside right.
- 3 Touch right heel forward.
- & Clap.
- 4 Clap.
- & Step right beside left.
- 5 Touch left heel forward.
- & Step left beside right.
- 6 Touch right heel forward.
- & Step right beside left.
- 7 Touch left heel forward.
- & Clap.
- 8 Clap.
- & Step left beside right.

Shuffles Turning ¼ Right 4x (Full turn)

- 1 Turn ¼ right,step right Forward.
- & Close left to right.
- 2 Step right forward.
- 3 Turn ¼ right,step left Forward.
- & Close right to left.
- 4 Step left forward.
- 5 Turn ¼ right,step right Forward.
- & Close left to right.
- 6 Step right forward.
- 7 Turn ¼ right,step left Forward.
- & Close right to left.
- 8 Step left forward.

Full Turn Right,Touch And Clap,Full Turn Left,Touch And Clap

- 1 Turn ¼ right,step right Forward.
- 2 Turn ½ right,step left Back.
- 3 Turn ¼ right,step right To right side.
- 4 Touch left beside right And clap.
- 5 Turn ¼ left,step left Forward .
- 6 Turn ½ left,step right Back.
- 7 Turn ¼ left,step left To left side.
- 8 Touch right beside left And clap.

Shuffle Backward,Coaster Step,Full turn left,Step, Touch

- 1 Step right back.
- & Close left to right.
- 2 Step right back.
- 3 Step left back.
- & Step right beside left.
- 4 Step left forward.
- 5 Turn ½ left,step right Back.
- 6 Turn ½ left,step left Forward.
- 7 Step right forward.
- 8 Touch left beside right.

Hip Bumps,Touch,Shuffle Backward,Coaster Step

- 1 Step left to left side and Bump hips left.
- 2 Bump hips right.
- 3 Bump hips left.
- 4 Touch right beside left.
- 5 Step right back.
- & Close left to right.
- 6 Step right back.
- 7 Step left back.
- & Step right beside left.
- 8 Step left forward.

Repeat